**The Parish Council would urge that Great Houghton residents are kept COVID safe and well by ensuring that we all ‘follow the rules.**

Under the national lockdown, people in England must stay at home and only go out for limited reasons. This includes for food shopping, exercise, or work if they cannot do so from home. You can exercise with one person from another household in an open public space. You should stay [**two metres apart**](https://www.bbc.co.uk/news/uk-51506729) from each other. If you do leave home for one of these reasons, you should stay local - unless it is necessary to go further, for example to go to work.Travel - internationally or around the UK - is only allowed if it is essential. If you are [**clinically extremely vulnerable**](https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19) you should only go out for medical appointments, exercise or if it is essential. You should not attend work. We all need to remain vigilant in ensuring that we protect ourselves and others by maintaining social distancing and other safety standards.

**Coronavirus Networking Help & Support**

For all residents who may still be self-isolating and/or in need of help or advice please feel free to continue to contact the Parish Clerk or any Parish Councillor or Neighbourhood Watch representatives. Contact details can be found in the Parish News. The Parish Council remain most grateful to our list of additional volunteers for their continued offer of support.

**Village Hopper**

The Village Hopper has suspended some of its scheduled runs (see separate notice on website). Passenger capacity has been reduced to ensure social distancing. passengers are reminded of the need to ensure face masks are worn when travelling on the bus. Please check the timetable on our website (village info tab)

**BT Kiosk – Book Swap**

Due to difficulties relating to effectively controlling the return of books it remains closed. This will be further considered at future meetings.

**Village Hall, outdoor play equipment and exercise equipment**

GHPFA who manage these facilities by volunteers have advised that the outdoor play equipment remains open, subject to displayed rules relating to use, hand sanitising, limited numbers, and distancing. The outdoor exercise equipment, and sports facilities are now out of use and the hall remains closed subject to ongoing review.

**Getting Tested**

If you have symptoms you should seek a test and self-isolate. Further information relating to testing can be found at: <https://www.gov.uk/get-coronavirus-test>